### Play

### **Digital Game: Riding with Rosie**



Ready to be a community helper with Rosie?

Scan to play!



### **At Home Activity**

**Materials:** Assortment of toothbrush, hairbrush, bowl, utensils, play food

**Activity:** Have the child get a favorite stuffed animal or doll and have them help get them ready for the day. Put out a collection of items and let them be the caregiver.

You can ask questions along the way to help guide them:

- "What should they do first?"
- "What are they going to have for breakfast?"
- "Are they ready to go outside?"

## Learn

Help Kids Be More Empathetic by Caring for Others

Scan to read and learn!



The contents of this booklet were developed under a grant from the U.S. Department of Education. However, those contents do not necessarily represent the policy of the Department of Education, and you should not assume endorsement by the Federal Government.





# Ask

- What are some ways that we can help take care of people and animals?
- Have you taken care of a toy or stuffie that's been hurt?
- How do nurses help people? What tools do they use?
- Have you ever visited a nurse or a doctor? How did they help you?



## Watch

#### Talk About It: Who Takes Care of Us?

Nurses, doctors, and other health care providers take care of people every day. But you don't have to be a nurse or doctor to help people!





## Sing



#### Look for the Helpers with Daniel Tiger

When things seem bad or scary Just take a look around You'll see that people help each other People help all over town

Look for the helpers Look for the helpers

Doctors, nurses, fire fighters And policemen too They'll help you up and keep you safe They're here to help you

If you are scared or frightened Just look around and see That people always help each other People help those in need

Look for the helpers Look for the helpers



